



Safe Harbour Hotel Fowey

STARTERS

Prawn Cocktail	£4
Garlic Mushrooms on Toast	£4
Soup and crusty Bread	£4
Fowey River Moules Marinière & Crusty Bread	£5
Scrambled Eggs on Toast with Bacon or Smoked Salmon	£5

MAINS

FROM THE FIELDS:

Cornish Rib Eye Steak with Onions, Mushrooms, Tomato and Chips,	£11
Steak and Ale Pie served with New Potatoes or Chips, and Vegetables	£8
Kilhallon Beef Casserole, with Fresh Vegetables and Mash or New Potatoes	£8
Kittow's Pen 'N' Tinny Sausages with Mash and Onion Gravy	£7
Cornish Ham or Sausages with Free Range Egg and Chips	£7
Warm Chicken and Crispy Bacon Salad	£7

FROM THE SEA:

Battered Cod and Chips with Tartar sauce	£9
Fowey River Moules Marinière and Chips	£9
Fresh Fish Mixed Grill cooked in Garlic Butter With Salad and New Potatoes	£11
Seafood Pie with Creamy Mash and Served with Salad & Crusty Bread	£9
Local Scallop Salad with Crispy Bacon	£9

PASTA

Roast Mediterranean Vegetables in a Tomato & Basil Sauce	£7
Tomato and Mozzarella	£7
Chicken and Mushroom in a Rich & Creamy Sauce	£8
Smoked Salmon and Prawns in a Creamy White Wine Sauce	£8
Home made Beef or Vegetable Lasagne served with Salad	£8

STONEBAKED 9" PIZZAS

Tomato & Mozzarella	£6
Roasted Vegetables & Mozzarella	£7
Ham & Pineapple	£7
Four Cheese	£7
Seafood Selection	£8

FRESHLY MADE SANDWICHES ON CRUSTY BROWN OR WHITE BREAD

Ham and Tomato	£4	Cheese & Cornish Chutney	£5
Roast Chicken & Mayo	£5	Smoked salmon	£5
Tuna Mayo with Red Onion	£4	Meatball & Cheese Baguette	£7
Prawn Marie Rose	£5	BLT	£7

JACKET POTATOES

Just with Cornish Butter	£4
Heinz Baked Beans	£4
Tuna Mayo with Red Onion	£4
Cheese & Cornish Chutney	£5
Prawn Marie Rose	£5

SIDES & EXTRAS

Mixed Side Salad	£3	Bread & Butter	£1
Garlic Bread	£3	Chips	£3
Onion Rings	£2	Cheesy Chips	£3

*We endeavour to use fresh local produce wherever possible.
Please let us know if you have any allergies or special requests.*